This working document can be used in any situation to get clearer about priorities and next steps.  Walk through steps 1-5 in the order they appear, answering the questions below and at the end of the process, it will be clear what are your next steps are.
Step 1: What is your current reality (no judgments, no filtering). Write down all that is on your mind.  Step 1: Current Reality
Date:
Step 2: What are the outcomes you want? What is your vision? How would you know it? What would success look like?
Step 2: Outcomes

Step 3: What or who is supporting	g you Step	o 4: What or who is inhibiting you from
with attaining your outcomes/vis	ion? atta	aining your outcomes/vision?
Step 3: Support?		Step 4: Inhibit?
		important and when will you complete
	5. Next Steps	
What	Why it's important	By when?
1 2		